

Free Food in Edinburgh

There are many places in Edinburgh where you can get free food. Some of the places on this list are drop-in, and some require registration beforehand.





Sign up/Referral Services

The Welcoming Community Fridge

You can take food and some hygiene products from this community for your household. Free register to become a member of the Welcoming needed.

Location: 20/1 Westfield Avenue, EH11 2TT.

When:

Thursday - 10:00 - 12:00 **Telephone**: 0131 346 8577 **Email: info@thewelcoming.org**

Register website: https://www.thewelcoming.org/get-

involved/register/

Score Scotland Community Fridge

You can take food from this community fridge and take it

home. You do not need to sign up before going.

Location: SCOREscotland, WHALE Learning Centre, 30

Westburn Grove

When:

Mon - 13:30 - 14:30 Thu - 11:00 - 12:00

Telephone: 07496 1909 16

Email: info@scorescotland.org.uk

Website: https://www.scorescotland.org.uk/food-collection/

SHRUB Edinburgh

A community fridge that is open to everyone. Simply come along to the Food Sharing Hub. Fill a basket with food and pay as you feel.

Where: 22 Bread Street, EH3 9AF

When: 11am to 6pm Tuesday to Saturday and 11am - 4pm

Sunday.

Email: helloeshrubcoop.org Telephone: 0131 281 0583

Website: https://www.shrubcoop.org/working-groups/food-

sharing-hub/

Find Your local Pantry

On this website you are able to find the pantry near you by typing in your postcode. At pantries you can usually pay a small membership fee for grocery worth of £15-20.

Website: https://www.yourlocalpantry.co.uk/

Fresh Start Pantry

For a small membership fee of £4.50 you can walk away with £15-20 of shopping. For people in North Edinburgh living in Pilton, Muirhouse, Drylaw & Granton

Sign up to be a member using the website below.

When: You can come to the pantry once a week on any of the following days: Monday, Tuesday & Friday 9am – 12.30pm, Wednesday 3:30pm—6pm.

Where: 22-24 Ferry Rd Dr, Edinburgh EH4 4BR

Sign up website: https://www.freshstartweb.org.uk/fresh-

start-pantry

Pennywell Pantry

For a small membership fee of £4.50 you can walk away with

£15-20 of shopping.

When: Wednesday: 10am - 2pm, Thursday: 10am - 2pm,

Saturday: 10am - 1pm

Where: 31-33 Pennywell Road, EH4 4PJ

Telephone: 0131 332 8773

Email Cara at pennywellpantry@communityrenewal.org.uk

Empty Kitchens Full Hearts

Provides day packs of food (lunch, dinner and a snack). The meals are delivered to your door cold and can easily be heated in the microwave or on the hob. Go to their website and complete the 'Get in touch' form to sign up.

Website: https://www.emptykitchens.co.uk/

Email: helloeemptykitchens.co.uk

Telephone: 07895 347157

Edinburgh City Mission Foodbank+ &Edinburgh Food Project

The foodbanks provide free food, toiletries and clothes. You need to be referred by a registered organisation to use these foodbanks.

Talk to staff at The Welcoming if you need help finding an organisation to refer you.

Website for referrals:

https://edinburghcitymission.org.uk/support/referrals/registration/

https://edinburghfoodproject.org/how-to-access-the-foodbank/



Free Meals in Edinburgh

There are many places in Edinburgh where you can get a hot meal for free. The places listed below are drop-in (you do not need to register before going).

Monday

The Breakfast Bothy: warm breakfast & hot drinks. **9:00 - 13:00.** 100 Melville Drive, Edinburgh, EH9 9EX.

Care van (afternoon): hot food & drink 12:30 Market Street, 13:00-14:00. King's Stables Road, Grassmarket, The Bridges. 14:00 Tesco Car Park, Easter Road side.

Soul Food: hot meals. **17:30,** City of Edinburgh Methodist Church. 25 Nicolson Square, EH8 9BX.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.

Tuesday

The Breakfast Bothy: warm breakfast & hot drinks. **9:00 - 13:00.** 100 Melville Drive, Edinburgh, EH9 9EX.

Soul Food: hot meals for OVER 60s.

12:30 - Walpole Hall at St Mary's Episcopal Cathedral. LUNCH, Palmerstan Place, Edinburgh, EH12 5AW. 17:30 Carrubbers Christian Centre, High Street, Edinburgh, EH1 ISR.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.

Social Bite: A two course meal. **15:00** - **17:00**. Vesta Bar & Kitchen 7-8 Queensferry Street, Edinburgh, EH2 4PA.

Wednesday

The Breakfast Bothy: warm breakfast & hot drinks. **9:00 - 13:00.** 100 Melville Drive, Edinburgh, EH9 9EX.

Care van (afternoon): hot food & drink 12:30 Market Street, 13:00-14:00. King's Stables Road, Grassmarket, The Bridges. 14:00 Tesco Car Park, Easter Road side.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.



Thursday

The Breakfast Bothy: warm breakfast & hot drinks. **9:00 - 13:00.** 100 Melville Drive, Edinburgh, EH9 9EX.

Care van (afternoon): hot food & drink 12:30 Market Street, 13:00-14:00. King's Stables Road, Grassmarket, The Bridges. 14:00 Tesco Car Park, Easter Road side.

Soul Food: hot meals. **17:30** - Mustard Seed Church, St Margaret's Episcopal Church, 170 Easter Road, EH7 5QE.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.



Friday

The Breakfast Bothy: warm breakfast & hot drinks. **9:00 - 13:00.** 100 Melville Drive, Edinburgh, EH9 9EX.

Soul Food: breakfast, **10am-11am.** Mustard Seed Edinburgh, St Margaret's Episcopal Church, 170 Easter Road EH7 5QE.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.

Empty Kitchens Full Hearts: Soup and a roll, **13:00 - 14:00** 3-11 West Granton Road, EH5 1HG.

Weekend

Saturday

Care van (afternoon): hot food & drink 12:30 Market Street, 13:00-14:00. King's Stables Road, Grassmarket, The Bridges. 14:00 Tesco Car Park, Easter Road side.

Soul Food: families meal, **16:30 - 18:30,** St Margaret's Church, 170 Easter Road, EH7 5QE.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.

Sunday

Soul Food: lunch. 14:00 - Central Church, Central Hall, West Tollcross, EH3 9BP. 17:00 -18:00, Oxgangs Community Church, Oxgangs Neighbourhood Centre, 71 Firrhill Drive, EH13 9EU. 17:30 Life Church, 2 Davie Street, EH8 9EB.

Care van (evening): hot food & drink 21:00 Waverley Bridge. 21:50 King's Stables Road, 22:00 Grassmarket, 22:30 High Street/North Bridge.